



مستشفى الملك فيصل التخصصي ومركز الأبحاث
King Faisal Specialist Hospital & Research Centre
Gen. Org. مؤسسة عامة
KFSH & RC Riyadh

PATIENT: ALHUWAIMEL, JANA ABDLR SAAD
MRN: 5209797
FIN: 26280326
DOB: 05/03/2016
AGE: 5 years
SEX: Female
ADMISSION: 14/06/2021
DISCHARGE: 14/06/2021

Medical Evaluation

Dictated By:
Authenticated By:

ALGHAMDI, RANEEM (14/06/2021 19:04)
Aldhalaan, Hesham Moha (16/06/2021 11:11); ALGHAMDI,
RANEEM (15/06/2021 11:28)

Medical Evaluation.

Patient: ALHUWAIMEL, JANA ABDLR SAAD MRN: 5209797 FIN: 26280326
Age: 5 years Sex: Female DOB: 05/03/2016
Associated Diagnoses: Autism
Author: ALGHAMDI, RANEEM

Principle Diagnosis: Autism (Working).

DATE OF REPORT:
15/06/2021

CONSULTANT:
Dr Hesham Aldhalaan

DIAGNOSIS:
- Extreme prematurity
- Developmental delay, mainly in speech aspect
- Autism spectrum disorder

HISTORY:
A 5 years old girl with significant neonatal course of being ex-preterm, 25 weeker, product of emergency C/S due to PV bleeding, with history of low APGAR score, birth weight was 750g, who remained in the NICU for 5 months. She also has history of cardiac lesion which was repaired at the age of one month. The patient was showing delay in her development and was referred to KFSHRC for further evaluation.

In terms of her developmental history:

Started rolling over at 12 months
Sitting at 15 months
Crawling at 16 months.
Standing at 18 months.
Walking at 20 months.

In terms of language the mother doesn't remember when she started cooing or squealing. At 8 months she was able to say MAMA and BABA but she lost them. The parents has noted low crying quality of sound at 12 months of age.

Currently:
Gross > walk, run, jumps
Fine > draw vertical lines
Speech > she speak in sentences that are not understandable

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KFSH & RC Riyadh
P.O. Box 3354
Riyadh



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Cognitive > Improved eye contact, points at things she needs
Social > plays with sibling, not interested in playing with peers

The parents has been taking Jana to an autism rehabilitation center, regularly as advised previously.
She is showing improvements in terms of eye contact, behavior modification, and following simple commands. There are no concerns from the parents. They are happy with her progress.

PHYSICAL EXAMINATION:

Vitally stable, afebrile
Ht on 36th %, Wt on 12th %, HC 47 cm (<10th %).
No dysmorphic features
Hyperactive, difficulty obeying commands
Fair eye contact
CN grossly intact
Normal tone
Normal power
DTR 2+
No neurocutaneous stigmata
No scoliosis

INVESTIGATIONS:

Brain MRI showed unremarkable results. A metabolic work up was also sent which yielded normal results.

DISPOSITION:

The patient was following with pediatric neurology clinic in KFSHRC for evaluation of developmental delay. We have reached the diagnosis of autism spectrum disorder, a neurodevelopmental disorder characterized by persistent deficits in social communication and social interaction and restricted, repetitive patterns of behavior, interests, and activities, and advised for a rehabilitation autism center, which the parents are currently taking their child to the center regularly and seeing improvements in her condition. We advised to continue regular follow ups with the center. The child needs full financial and social support as this is a long term condition.

Electronically Signed by: Aldhalaan, Hesham Moha
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