

Ehtiwa Diagnostic Assessment Report

Patient Information

Name: Mohammed Rashed Alrashed
File #: 4123
Date of Report: 31/12/2023

Mohammed was assessed at Ehtiwa Diagnostic clinic due to family concerns about his sensory issues and behavioral difficulties such as hyperactivity and impulsivity. Family came for diagnostic evaluation and to help with constructing an intervention plan. Detailed history and neurodevelopmental assessment were evident of:

- Good language and social skills development.
- Fair reasoning and conceptual abilities associated with limited social skills and judgment.
- There is also history of fine motor difficulties and multiple sensory issues.
- Tries to play with other kids but seems to have limited play skills.
- The rest of the neurodevelopmental assessment showed some ongoing challenges pointing towards DLD and ADHD features requiring further assessment.

The clinical impression and diagnosis were made based on the following sources of information and evaluations:

- Physician evaluation (DSM-5)
- Parent Reports
- **Diagnostic evaluation by Ehtiwa multidisciplinary team, which includes:**
 - Psychological and Behavioral Assessment
 - Speech and Language Assessment
 - Occupational Therapist Assessment
 - Special Education and Early Intervention Assessment
- Structured diagnostic testing:
 - **ADHD Conners' Scale, and (SB-5) Stanford-Binet Intelligence Scales, Fifth Edition** to help establish diagnosis, severity level, and guide the intervention plan. to help establish diagnosis, severity level, and guide the intervention plan.

DSM-5 Diagnosis:

- Attention deficit hyperactivity disorder 314 (F90)

Team Key Recommendations:

- Psychoeducational reassurance was provided to the family.
- Excessive communication and social engagement with **Mohammed** on daily basis are beneficial in his condition.
- Stimulant environment and set up of routines are important for any intervention.
- Feedback appointment session was conducted to review the multidisciplinary team results and final diagnosis.
- Parent behavioral training program (e.g., RBT) to deal with his challenging behavior including Irritability and restricting routines/expectations.
- Dealing with uncertainty is key to help to minimize anxiety levels and to increase cooperation and should be included in his behavioral plan at home and school.
- To start the multimodal intervention plan, which includes:
 - **Psychological and Behavioral (ABA) Therapy:** to help with frustration tolerance and parenting issues including behavioral modification.
 - **Occupational Therapist Therapy:** to increase attention span, improve memory skills, improve eye hand coordination, and improve ADLs
- He might be a good candidate for stimulant once he reaches the age of six if symptoms do not improve after interventions.
- For reevaluation by Ehtiwa MDT after period of family education and feedback of him for current education center.

It was a pleasure working with **Mohammed's** parents who are devoted and very supportive. For more details about **Mohammed's** condition and evaluation and recommendation, please do not hesitate to contact me.



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